

Julie Penshorn USEF- 4010917 USDF- 31005

24110 Morgan Ave, Chisago City, MN 55013

651-257-9825 cell 651-343-8415

[sunborn@sunbornstables.com](mailto:sunborn@sunbornstables.com)

Website: [www.sunbornstables.com](http://www.sunbornstables.com)

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**Summary** USDF Certified, innovative instructor/trainer/manager and president of Sunborn Stables, Inc., where new approaches are melded with time-honored traditions.

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**Areas of Expertise**

- Assessing horse and rider in terms of skills/challenges/needs & producing improvement
- Taking a developmental approach to the process of learning dressage.
- Communicating specific changes to a rider's posture that will maximize her effectiveness.
- Riding intuitively. Performing quick and accurate horse assessments.
- Helping my own teachers excel through sharing insights/encouraging dialogue.
- Managing a full time riding/training/lesson stable.
- Stimulating enthusiasm for and interest in understanding the magic of dressage.

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**Experience** Sunborn Stables, Inc., Chisago City, MN 1999-Present  
**President**, Owner/operator/head trainer and instructor

***Designed, built, and began a dressage and eventing boarding, lesson and training stable in a rural area and went from few clients/horses to teaching about 60 lessons a week. Now training 9 horses from green to Grand Prix.***

Responsible for development of all sales materials and marketing, as well as development of a proper diet and safe environment for horses and riders. Responsible for ensuring that high quality theory and practical education prevails. Responsible for motivation and creating a contagious enthusiasm for learning. Responsible for coaching at shows and showing my own and clients horses through FEI levels.

- Received USDF instructor certification – 2007. Working on eventing ICP certification.
- Student, Layne Sandercott, three times won regional dressage equitation. In 2008 she was on Silver Medal Region IV team at North American Championships in Colorado.
- Coached students through PSG. 2008 Coach for 3<sup>rd</sup> level reserve champion Region IV.
- My students' team won Region 4 Jr team challenge (dressage) in 2005 in Mason City.
- I won both 2<sup>nd</sup> and 3<sup>rd</sup> level year end awards 2006 through the local GMO.
- Student, Nel Siemsen was 6<sup>th</sup> in Jr. training level USEF Horse of Year Awards, 2006

**Riding teacher/trainer** 1978-1999

Shadow Creek Stables, Forest Lake, Minnesota

Double H Stables, Stillwater, Minnesota

Looking Glass Farm, Woodbury, Minnesota

Timberline Stables, Washington Crossing, New Jersey

Free lance out of Huffstuttlers' Stables, Burnsville, Minnesota

River Bend Stables, Rockford, Minnesota

Fortuna Farm (under Max von Bluecher), Long Lake, Minnesota

Idlewilde Farm (under Linda Zang), Maryland

West Hampton Training Stables, Littleton, Colorado

Free Lance trainer/teacher several barns and small stables in Colorado

Buckskin Horse Ranch, Caldwell, Idaho

Lisa and Bill Smith's stable, Castle Rock, Colorado

Horse Patch Farms, (Jack Janowitz) Franktown, Colorado

<b>Other Work</b>	<p><i>Sombrero Stables, Estes Park, Colorado, and Boulder, Colorado</i> 1976-1977  <b>Colt trainer</b>  Rode horses they brought from a sale or a field to assess their readiness to behave in the dude string. Rode about 16 a day, 210 in 8 weeks.</p> <p><i>Growing Communities for Peace, Lakeland, Minnesota</i> 1989-1999  <b>Co-founder and co-director</b> of non-profit. Responsible for teaching teachers of youth. Author of 3 books, an audiotape and a CD.</p> <p><i>Options for Animals Foundation, Trenton, New Jersey</i> 1983-1985  Founder of the leading educational organization for alternative medicine</p> <p><b>“r” judge</b> 1984-1986  Went through judges training and received judges card in 1985, then moved and didn’t judge enough to keep card.</p>
<b>Education</b>	<p><b>MBC degree -- Earned Masters of Business Communication degree from St. Thomas University, St. Paul, MN, 1991.</b> 1991</p> <p><b>Participated in USDF Instructor training educational programs.</b> 1981-1983  Violet Hopkins’ in Michigan in 1981 with Col. Aage Sommer and Jorgen Olsen, and Victoria Station’s in Mahtomedi, MN with Col. Anders Lindgren, 1983.</p>
<b>Certificates</b>	<p><b>Instructor’s and Special Trainer’s Certificates from Tanglewood Equestrian Inst.</b> Classroom hours and spent months on the lungeline. 1976-1977</p> <p><b>Spinology – Philadelphia, PA – Year long course for adjusting animals.</b> 1985</p> <p><b>Massage Therapy – Philadelphia, PA – 12 wk course, plus years of practice!</b> 1984</p> <p><b>Horseshoeing training – Capable of trimming/shoeing in a pinch.</b> 1977</p>
<b>Clinics and lessons</b>	<p>Col. Anders Lindgren, USDF Instructor seminar</p> <p>Col. Aage Sommer, Vi Hopkins, USDF Instructor seminar 10 days 1982</p> <p>Jorgen Olsen, Vi Hopkins, USDF Instructor seminar 10 days 1982</p> <p>Pam Goodrich, Clinics at West Hampden Training Stable, CO</p> <p>Arnold von Benenstaum, Lessons, Parker, CO</p> <p>Mary Wanless, George Williams, Clinics as auditor</p> <p>Linda Zang, Worked/taught for Idlewilde Farms, and took daily lessons</p> <p>Lilo Fore, Clinics 1980s, and in USDF Instructor program 2007</p> <p>Hilary Clayton, biomechanics -- Clinics</p> <p>Hilda Gurney, Clinics</p> <p>Gunnar Ostergaard, Clinics</p> <p>John Paul Winnet, Studied with him at his stable 1983.</p> <p>Elizabeth Madlener, Big influence to me while working for Linda Zang</p> <p>Melle von Brueggan, Clinic 2006</p> <p>Jimmy Wofford, Clinics 1978-80</p> <p>Dorothy Crowell, Clinics 2005-2006</p> <p>Silke Rembacz, Clinics 2007-2008</p>
<b>Awards</b>	<p><b>CSDEA Champion 2006-2008 – saddle winner for high score 2006</b> 1980-2008</p> <p><b>Horse of the Year awards</b> 2<sup>nd</sup>/3<sup>rd</sup> level dressage and/or Training level eventing – Venture, Dance for Two, Star, Navello, Loki</p> <p>1<sup>st</sup> and 2<sup>nd</sup> level dressage Dance for Two, 1980-83. Also numerous GMO awards including 1<sup>st</sup> in 2<sup>nd</sup> and 3<sup>rd</sup> level CSDEA year-end 2006. Championship at Training Level 2008. See website for more info.</p>